
THE BUSY, BUSY, BUSY BOOK

BY THE COOL CUCUMBER CLUB

*A secret handbook for
The Cool Cucumber Club*

ADVICE!
THIS IS USEFUL FOR READING THE
COOL CUCUMBER CLUB ADVENTURES

THING	USEFUL WORDS
Busy Busy Busy Book	Bunch of interesting and unusual letters, sounds and their meanings. For the boring bits, look in a dictionary.
The Monster	Smooth and slippery on the outside with a steely glare and yellow showing teeth when angry. It was always angry. A lot. Even when not angry, it was angry about not being angry. Eats Changlings for dinner in the dark of the night, savouring their flesh and spitting out the bones. This, of course, was accompanied by one burp (loud) and one of three gases (farts), one soft and grey and with a curiously sweet smell, one enormously loud with an indescribable smell and the third more of a whistle – this had no smell. All signs of poor eating habits and poor digestion*, if ever there was.
Special Order of the Senghalese	<p>A group of about 17 Senghalese assisted by 2 Everythings. Recently grew in size when an old friend, wounded and tired from a battle in Far Away; was delivered safely by the Seven Nestlings. Special Operatives on a secret mission for the Head of all things useful, The Cool Cucumber.</p> <p>Alas, the mission did not seem to be going well. Five years in, the mission has seen the Senghalese go from Nestlings to Changelings, and the oldest among us were now nearing Grownlings. Two of the group had been lost in battle in previous years and working alone for such a long time, it was easy to think that no-one really cared about us or the Secret Mission any more. The Cool Cucumber* hadn't made contact for a long time and was feared "missing in action". The group was now imprisoned by the Monster and forced to work in the Factory.</p>
Secret Mission	Not everything can be told here because then it wouldn't be secret. Also, the mission is still ongoing so the outcome may be changed if the Truth got out too soon. To prevent this, actual events have been changed, names changed and the story line changed, but otherwise it is all based on a real life event, exactly as it happened. What can be said, though, is that it includes recovery of the Tristone* from the clutches of the Monster and The Factory.

THING	USEFUL WORDS
Tristone	Secret magical gem that does secret magical gem stuff.
Factory, The	Where the monster made us make monster stuff.
Digestion	We all know never to eat when we are disturbed as the body gets confused about what it should be doing: should it be eating or should it be angry? Should it be digesting, or should it be anxious? Should it be pooping, or should it be depressed? Everybody also knows that when we chew our food, the chewing action breaks down food and mixes with our saliva – doing a far better job than ever our stomach can do. If we chew each mouthful 15-20 times, there should be nothing the body needs to complain about. (The body may, of course, celebrate a useful meal by burping not more than twice soon after eating the Meal, and 7-8 hours later producing a nice big smooth yellowery-brown poop sausage.)
Cool Cucumber, The	A noble family with a long history full of colour, honour, integrity, bravery and a black hat that was lost in a nasty little incident, don't want to talk about it. The family had a few odd Gobblers*. The Head of the Cool Cucumbers has sworn to keep coming back until he gets it right, at least until the 1000 th time. Now, that's patience! Recently criticized for being a circus performer, he laughed very hard when he heard the circus quip. His work is serious and it has been a while since he had laughed so loud. He works very hard under great pressure yet always maintains patience, loving and kindness. It is rumoured this is where the saying 'Cool as a Cucumber' came from. He takes his job very seriously and needs to see the funny side more often*. Rumoured to be 'missing in action' although there are random sightings in places Far Away and Really Far Away.
Gobbler	Something unusual that no one really knows what to do with. Best left for special occasions when in the company of old friends. (We wouldn't want to scare the Nestlings!)
Nestling	Small ones that can not do much by themselves.
Changeling	Bigger small ones or small big ones.

THING	USEFUL WORDS
Grownling	Confused individuals who think they're in charge. Which is right as only they do what we tell them. When we tell them. When we're doing the telling.
LARFA	The L anguage O f R eally F ar A ways, spells LARFA. Those with sharp eyes will notice 'Of' starts with an 'O', and not an 'A' and the reason is simple – nobody has ever heard of a LORFA, whereas everybody has heard of a LARFA. Keep things simple and the rest takes care of itself. It has special magical qualities: the Monster does not understand much of it when it is spoken in big words or a little bit fast. Very very useful when the Monster is in earshot. And the Monster is always in earshot. Sneaking around quietly, searching our private things when we're not looking, always seeking information so that he can punish individuals and reward his favourites.
LARFAs	Beings who speak LARFA very often and really well, usually come in white with long spindly legs that are only useful on flat spots, not so useful on vertical goat tracks.
LARFA-lots @@##\$\$@%	Ancient LARFAs that follow the ways of the Tristone. Often in books, when words are spoken that are hurtful, negative and angry, they are replaced by a symbol. In this book, this is the symbol. Unfortunately, in real life, there are no symbols to protect us in some situations when we hear these things. At such times, it is better to use Wisdom and Compassion: a) resist our tendency to take the words personally, b) know that the person is suffering and that the words are a symbol of that suffering, c) if useful to do so, let the person know the words upset you and will move away. d) make a wish for the person's suffering to be lessened e) resist the tendency to say such things ourselves!
Cool Cucumber Credo	Happy Happy Happy

THING	USEFUL WORDS
Wild Witch of the West (also known as WWW)	<p>Knows more than she is telling. This a good thing, as when she tells, its not nice. When in residence, she lives in the tallest tower on the Hill and cares very much about what is going on. She once even bravely intervened between the Monster and one of our own. She won that fight but the Monster is clever. It waited and then threatened to push her off the Tower in the middle of the night and make it look an accident. The Monster, being strong, vicious and in its 30s, and she being in her 60s with failing magical powers had no option but to take him seriously and withdraw. Also, her ability to help was obstructed by secret codes of conduct the witches had to agree to before becoming witches. Alas, only getting teachings verbally means nothing was written down. And the passage of time meant no one really remembered anymore what the conduct should be in any situation, let alone this one in particular. This was not the only hindrance in her quest to make things right. Since the well known Wicked Witch of the West incident (think rainbows and pavements of gold) everyone that would have helped thought, being a witch, she was evil. And, being a witch, she wielded great power and didn't need their help, so didn't ask. Two other obstacles are present. She is afflicted with Pride (Capital P) so she doesn't know how intolerant with others she is. And of course, too Proud (Capital P) to ask for help, even if she needed it. Which of course she doesn't. The other obstacle is unuseful speech. A result of too many trusts being broken (a result of trusting too easily the untrustable types). When her mouth opened, she believed only useful words came out – and often wondered why others never saw it the same way. There is only one way. The useful way. Which is her way. The secret though, is not so secret. When she spoke, the only thing the others heard was rough words with sharp blades sometimes coated in honey. We feel sorry for her because we all know it is a good recipe for loneliness with many enemies. We all rejoice in the fact that she is the Witch of only one direction, so only one compass point needed to suffer needlessly!</p>

THING	USEFUL WORDS
The Babble Book	<p>An abundance (lots and lots with lots left over) of fine sounding words that promised so much and was written in a time and place found only in fairy stories. And well after the First One was dead, the words were written by the Winners with Desire (Capital D) and Greed (Capital G) as motivations. The words recorded only one way. Their way. And those that thought differently received their Anger (Capital A).</p> <p>Along with the original meaning, also lost was common sense and simplicity. There are many versions, all with equally long histories, pages missing and words misunderstood by people who misunderstand themselves. Advice: read carefully with an open Mind (Big M), test for Truth, keep what is useful and discard what is not. In other words, keep the covers (the cardboard might come in handy), discard the bits in between.</p>
Slow LARFs	Sounds like LARFs but spoken and written by people doing their best. Often comes with Pride (Capital P) and honey coated blades where words should be.
EUROs	Magical spell used to influence poorer friends into doing what they are told. In their best interests of course, by the magician doing the telling.
The Voice	A precise and melodious sound that comes out of a thing called a telephone. The Voice spoke many languages – Slow LARFs, EUROs, Maths* (whatever they are).
Maths	Language of the Counters*, using things called numbers to do unusual things called multiplication, addition, division and subtraction. Not to forget fractions, whatever they are.
Counters	Beings focused on knowing everything! What went where! Why! To Whom! By Whom! With Whose Permission! (They speak with exclamation marks, even if it is a question.
Anger (Capital A)	All the many disturbing emotions that are summed up in the twins “I don’t like it, I want less of it, NOW!”

THING	USEFUL WORDS
Jealousy (Capital J)	All the many disturbing emotions that are summed up in the twins “I want what you’ve got” and “you want what I’ve got”
Desire (Capital D)	All the many disturbing emotions that are summed up in the twins “I like it, I want more of it” and “I want to keep it!”
Pride (Capital P)	All the many disturbing emotions that are summed up in the twins “I am better than you” and “you are better than me”
Confusion (Capital C)	All the many disturbing emotions that are summed up in the triplets “not knowing”, “Ignorance” and “holding wrong views”. It is actually the root disturbing emotion from which the other two mind (small m)* poisons come from, from which the other four disturbing emotions come from, from which the 84,000 come from. Confused?
mind (small m)	Not to be confused with mind ² (small m ²)* or Mind (big M)*. The place in a being where thoughts happen which then cause words which then cause actions. Sometimes known as ‘Speech’.
mind ² (small m ²)	Not to be confused with mind (small m) or Mind (big M). The place in a being where physical actions happen after being triggered by the mind (small m) and/or Mind (big M). Sometimes known as ‘Body’.
Mind (big M)	Not to be confused with mind (small m) or mind ² (small m ²). There is no place it isn’t, naturally joyful, endlessly wise and countlessly compassionate. Usually hidden by the many disturbing emotions that prevent mind (small m) and mind ² (small m ²) from realizing it. Sometimes known as ‘Space’.

THING	USEFUL WORDS
Rule 4	<p data-bbox="338 175 1012 237">Not to be confused with Rule 4(b)(optional) or Rule ¼ (best to avoid).</p> <p data-bbox="338 258 565 289">There is suffering.</p> <p data-bbox="338 342 610 373">Suffering has a cause.</p> <p data-bbox="338 394 689 425">There is an end to suffering.</p> <p data-bbox="338 446 944 503">There are many cures, this one is called ‘Cool as Cucumbers’</p>
Rule 4(b)	<p data-bbox="338 508 973 570">Optional. Not to be confused with Rule 4 or Rule ¼ (best to avoid).</p> <p data-bbox="338 591 1012 781">We recognize the precious opportunity in this life, that we can benefit countless beings through a Cool Cucumber (best results, slice thinly and sprinkle with salt and serve on a flat dry biscuit). Few people ever meet The Cool Cucumber (who’s missing in action) and even fewer can slice thinly.</p> <p data-bbox="338 802 1020 992">We remember that every thing that comes together, plays around for a short time, then will come apart. Only the memory of a serve of Cool Cucumber (best results, slice thinly and sprinkle with salt and serve on a flat dry biscuit), is lasting, and it is unclear when the next one will come along.</p> <p data-bbox="338 1013 1009 1138">We understand choices and consequences, that it is up to us what will happen. What we did before, made right now, and what we do right now, makes what happens next. Choose very, very, very, carefully.</p> <p data-bbox="338 1159 1020 1310">We see the benefits in Cool Cucumber slices (best results slice thinly and sprinkle with salt and serve on a flat dry biscuit), the taste of which can be compared to timeless highest bliss and we can’t benefit others on an empty stomach.</p>

THING	USEFUL WORDS
Rule ¼ (best to avoid)	Not to be confused with Rule 4 or Rule 4(b)(optional). There is suffering – you’ve earnt it. Suffering has a cause – it is you. There is an end to suffering – do as I tell you. There is only one way. This way. My way.
Ignorance (Capital I)	See Confusion (Capital C).
Wisdom and Compassion (Capital W and C)	The result of clear Mind (Capital M) and useful words and useful body. Rarely found but found in the The Cool Cucumber, when of course he can be found.
love (small l)	All the many disturbances that stop us from being Compassionate and Wise. That is to say, the states of mind (small m) that can be summed up as “I love you, because you make me feel good” and its mirror “I don’t love you, because you make me feel bad”. This situation is called ‘strings attached’ or conditional.
Love (big L)	The state of Mind (big M) when love is offered and felt with no strings attached (unconditional). The differences between those we love (small l) and those we don’t are no longer seen or felt, all being equal.
SOS	Special Order of the Senghalese
SOS Manual	SOS secret handbook, to be kept well hidden and only used in emergencies. Ssssh, don’t tell anyone!
Cool Cucumber Club	When SOS members turn into Grownlings, they are able to graduate to the Cool Cucumber Club. There is much more training, the missions are bigger and the battles with suffering are greater.
Everythings (1 st & 2 nd)	Transparent female spirits that float in and float out at will. All seeing, all doing, without complaint. That’s how they got their names.

